

BSc. degree in sports science



Benha University
Faculty of Sports Sciences



BSC. DEGREE IN SPORTS SCIENCE

BSc. degree in sports science



**Benha University
Faculty of Sports Sciences**



Faculty Requirements						
Faculty Compulsory Courses: first year						
CourseCode	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
ESPS-ASSE	Assets Of Sports Education	٢	-	-	-----	First term
SPMR-SCMC	Scouts movement and Camps	٢	-	-	-----	
HESS_PEHE	Personal health of the athlete	٢	-	-		
TSTS-SPRG	the Small and preliminar y game	١	١	-		
ESPS_ARLA	Arabic language\	٢		-		
TSTS-VOLL \	Volleyball	١	٢	-		
TSTS-SOCC \	Soccer	١	٢	-		
TSTS-TATE	Table tennis	١	١	-		
TAFS-BOXI \	Combat sport Boxing \Judo \Karate \	١	٣	-		
TATF_TRFI	track and field	١	٢	-		
TAWS_SWIM \	Swimming \	١	٢	-		
TGEF_EXER \	Exercises \	١	٢	-		
TGEF_ARTG \	Artistic gymnastics \	١	٢	-		

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Faculty Compulsory Courses: first year

CourseCode	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
SPMR-ISMA	introduction in the sports management	٢			-----	second term
CTEM-KINE	Kinetic Education	٢				
HESS-DEFA	Descriptive and functional anatomy in the sports field	٢				
SPMR-IRES	introduction in recreation sports	٢				
ESPS-ENLA	English Language	٢				
TSTS-HAND \	Handball \	١	٢			
TSTS-BASK \	Basketball \	١	١			
TSTS-TATE	Table tennis	١	١			
TAFS-BOXI \	Combat sport Boxing \ Judo \ Karate \	١	٣			
TATF- TRFI	track and field	١	٢			
TAWS-SWIM \	Swimming \	١	٢			
TGEF-EXER \	Exercises \	١	٢			
TGEF-ARTG \	Artistic gymnastics \	١	٢			



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Faculty Requirements

Faculty Compulsory Courses: second year

Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
PRSP-HESS	The principles of sports physiology	٢	-		-----	First term
PSYC-ESPS	Sport Psychology	٢	-			
SBSM-SPMR	The scientific bases of sports management	٢	-			
METE-CTEM ^١	Methods of teaching physical education ^١	٢	١			
TSTS_BASK ^٢	Basketball ^٢	٢	١			
HAND-TSTS ^٢	Handball ^٢	١	٢			
BOXI-TAFS ^٢	Combat sport Boxing ^٢ Fencing ^٢	١	٣			
TATF_TRFI	track and field	١	٢			
TAWS_SWIM ^٣	Swimming ^٣	١	٢			
TGEF_ARTG ^٤	Artistic gymnastics (men) ^٤	١	٢			
TGEF_PESF ^٢	Performances and Sports Festivals ^٢	١	٢			
TSTS_TENN	Tennis-speed ball)	١	٢			
١١٢	Artistic gymnastics	٢	-			

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Faculty Compulsory Courses: second year

Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
HESS_EDHE	Education Health in the field of sport	٢	-		-----	second term
CTEM_TEED	Technology education in physical education	٢	-			
INST-STKI	introduction in the sports training	٢	-			
SOCI-ESPS	Sociology sports	٢	-			
SOCC-TSTS٢	Soccer ٢	١	٢			
VOLL-TSTS٢	Volleyball ٢	١	٢			
BADM-TSTS	Badminton Squash	١	٢			
BOXI-TAFS٢	Combat sport Boxing ٢ Fencing ٢	١	٣			
TRFI -TATF	track and field	١	٢			
WAPO-TAWS	Water Polo	١	٢			
PESF-TGEF١	Performances and Sports Festivals ١	١	٢			
١١١	Rhythm and motor expression	١	٢			
ARTG-TGEF٣	Artistic gymnastics men ٣	٢	-			

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Faculty Requirements

Faculty Compulsory Courses: Third year

Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
METE-CTEM ^٢	Methods of teaching physical education ^٢	٢	-		-----	First term
BIOS-HESS	Biology of Sport	٢	-			
KISF-STKI	kinesiology in the sports field	٢	-			
TEME-ESPS	Tests and measurements in physical education	٢	-			
PSTA-SPMR	Principles of statistics in physical education	٢	-			
COIA-TAFS	combat and individual sports arbitration	١	٢			
TESA-TSTS	Team sports arbitration	٠	٢			
TRFI - ^٢ TATF	track ^٢ and field	-	٢			
ARTG-TGEF ^٥	Artistic gymnastics men ^٥	١	٢			
٧٧٧١٠	Field Training	-	٤			
١١١	Rhythm and motor expression	٢	-			

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Faculty Requirements

Faculty Compulsory Courses: Third year

Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
٧٧٧٢٠	Methods of teaching physical for people of spechial needs	٢	-			Second term
ESPS_PSCR	The principles of scientific research in physical education	٢	-			
EDST-HESS	Educational strength	٢	-			
PTSC-ESPS	Psychological training and sports competitions	٢	-			
STKI_FTST	Foundations and theories of sports training	٢	-			
STKI_BIOM	Biomechanics in sport	٢	٢			
ESPS_HURI	Human Rights	٢	-			
TSTS_RASA	Racquet Sports (arbitration)	١	٢			
TAWS_SWIM £	(Swimming £ -Rescue)	١	٢			
٧٧٧١٠	Field Training	-	٤			

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Faculty Requirements						
Faculty Compulsory Courses: four year						
Section: School Sports						
Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
ESPS_PECO	Physical Education Comparative	٢	-			First term
CTEM_NBMS	The nature and basis of motor skills	٢	-			
CTEM_MTSN	Methods of teaching physical education for people with special needs	٢	-			
ESPS_PGMD	Psychology of growth and motor development	٢	-			
HESS_INFA	Injuries and first aid in sport	٢	-			
TSTS_TETT	Applications of teaching methods in team sports	١	٤			
TATF_TMTF	Applications of teaching methods in the track and field competitions	١	٤			
TGEF_TGEF	Applications of teaching methods in gymnastics and exercise and Sports Festivals	١	٤			
٩٩٩٩	Applications kinesiology in Sports specialization	١	١			
Bu_FPED_CTEM_FTSS	Field Training	-	٤			

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Faculty Requirements						
Faculty Compulsory Courses: four year						
Section: Sports Training						
Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
STKI_WPST	Ways and programs of sports training	٢	-			First term
STKI_PLST	Planning Sport Training	٢	-			
STKI_SEFS	Selection in the field of sport	٢	-			
HESS_MASS	Sports Massage	٢	-			
ESPS_PTSC ٢	Psychological training and sports competitions ٢	٢	-			
HESS_INFA	Injuries and first aid in sport	٢	-			
HESS_PHBA	Physiological basis of physical education	٢	-			
٧٧٧١٠٨	reiatat tadd	٢	٦			
Bu_FPED_STKI_BIOM	Applications of biomechanics	١	١			
Bu_FPED_STKI_WPST	Applications of sports training methods ١	١	٢			
Bu_FPED_STKI_FTSO	Field Training	-	٤			

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Faculty Requirements						
Faculty Compulsory Courses: four year						
Section : Sports Management						
Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
SPMR_RTRS	Recent trends in recreation sports	٢	-			First term
SPMR_CMHR	Crisis management and human resources in the field of sport	٢	-			
SPMR_MASF	Marketing in sports field	٢	-			
ESPS_PSSL	Psychology of Sports Leadership	٢	-			
SPMR_PRME	Public relations and media in the sports field	٢	-			
Bu_FPED_TSTS_SMTT	Applications of teaching methods in tennis sports	١	٤			
TAFS_MANA	applications of the Sports management in combat sports	١	٤			
TGEF_MGEF	applications of the Sports management in gymnastics and exercise and Sports Festivals	١	٤			
SPMR_CWSC	conduct Ways to sports competitions	٢	-			
Bu_FPED_SPMR_FTSO	Field Training	-	٤			

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Faculty Requirements

Faculty Compulsory Courses: four year

Section: School Sports

Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
FTPS-CTEM	Foundations and theories of education physicals school	٢	-			Second term
TEED-CTEM	Technology education in physical education	٢	-			
PROG-CTEM	Professional growth in physical education prepares teacher	٢	-			
PSYG-ESPS	Psychology of sports groups	٢	-			
PRDI-HESS	Physical rehabilitation for people with Physical disabilities	٢	-			
TETT-TSTS ^٢	Applications of teaching methods in tennis sports	١	٤			
STWS-TAWS	Applications of sports training methods in water sports	١	٤			
TEAC-TAFS	Applications of teaching methods in combat sports	١	٤			
٩٩٩٩	Applications of kinematics in mathematics specialization ^٢	١	١			
٩٩٩١٠	Field Training A ^٤	٢	٢			

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Faculty Compulsory Courses: four year						
Section: Sports Training						
Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
STKI_PPTL	Scientific principles for the planning training loads	-	٢			Second term
HESS_PHBA	Physiological basis of physical education	٢	-			
STKI_DAFS	Determinants of achievement in the field of sport	٢	-			
STKI_PFTJ	The principles and foundations of sports training for junior	٢	-			
CTEM_NBMS	The nature and basis of motor skills	٢	-			
ESPS_PSPA	Psychological preparation of athletes	٢	-			
HESS_SIPR	Sports injuries and physical rehabilitation	٢	-			
٧٧٧١٠٨	Applied Sports Department B	٢	٦			
٧٧٧١٠٩	Applications of biomechanics in specialized sports	١	١			
٧٧٧١١	Applications of training methods in specialized sports ١	١	٢			
٩٩٩١٠	Field Training A ٤	-	٤			

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Faculty Compulsory Courses: four year						
Section : Sports Management						
Course Code	Course Title	Theoretical	Practical	Credit Hours	Prerequisite	Department
SPMR_SBSM	The scientific bases of sports management	٢	-			Second term
HESS_NUSP	Nutrition Sport	٢	-			
SPMR_POFS	Potentials and Facilities sports	٢	-			
ESPS_ASPG	Advanced studies in the psychology of sports groups	٢	-			
SPMR_LLAW	Legislation and laws in the field of sport	٢	-			
SPMR_GICO	Governmental Institutions and civil organizations in the field of sport	٢	-			
TATF_SMTF	applications of the Sports management in the track and field competitions	١	٤			
Bu_FPED_TSTS_SMTT	Management applications in team sports	١	٤			
TAWS_SMWS	applications of the Sports management in water sports	١	٥			
٩٩٩١٠	Field Training A ٤	-	٤			